

Start Your Career Journey Here!

#PehlaJOB



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Diploma in Guidance and Counseling

In this era counseling is recognized as one of the most demanding and personally enriching career. Diploma in guidance and counseling is a journey of self discovery and provide deep insight and understanding of human thought process. This course makes student able to understand, reasons of human adjustment and maladjustment. Well structure and state of the art curriculum equip students with deep theoretical and practical knowledge of human behavior, to apply in daily life and make the client able to achieve his/her optimum performance and functioning.

Duration: 1(One) year

Who can join?

- Teachers and educators
- Graduates and post graduates students (any stream)
- Psychology (under graduate and post graduate) students
- Social workers
- Individual working in NGO
- Admission consultant
- Aspired career counselor

PROGRAM COVERS:

- | | |
|---|---|
| □ Concept of guidance and counseling | □ Personality disorders |
| □ Nature and Scope of counseling | □ Concept of psychotherapy |
| □ Ethics in counseling | □ Psychoanalytic therapy |
| □ Approaches to counseling | □ Client centered therapy |
| □ Types of counseling | □ Behavior therapy |
| □ Methods of data collection in counseling | □ Cognitive behavior therapy |
| □ Skills of an effective counselor | □ Hypnotherapy |
| □ Rapport building | □ Concept of psychological testing (practical) |
| □ Concept of normality and abnormality | □ Intelligence testing (IQ testing) verbal and performance both |
| □ Concept of stress, anxiety and management of both | □ Personality testing |
| □ Eating disorder | □ Learning disability test |